

October 2024 ELEMENTARY SCHOOL MENU

HELP WANTED!
Work for
Bend-La Pine Schools
see back for details

CUISINE DAY	Monday <i>Americana</i> Fresh Farm Picks	Tuesday <i>SOUTH OF THE BORDER</i>	Wednesday <i>asian</i>	Thursday <i>Homestyle</i>	Friday <i>ITALIAN</i>
		1 * Sausage Patty, Egg, & French Toast	2 * ✓♦ Chocolate Chip Coffee Cake	3 ♦ Ultimate Breakfast Round	4 * ♦ Homemade Granola Bar
		♦ * Homemade Bean & Cheese Burrito	* Orange Popcorn Chicken Brown Rice	♦ ✓ * Macaroni & Cheese	* ✓ * Italian Stromboli
7	* Sausage on a Stick	8 * ✓♦ Pumpkin Chocolate Chip Coffee Cake	9 * ✓♦ Bagel & Cream Cheese	10 ♦ * Berry Smoothie w/Granola	11 * Sausage, Egg, & Cheese Burrito
	* Chicken Noodle Soup ♦ ✓ * Toasted Cheese	* * Pork Carnitas Burrito	* Chicken Tikka Masala Jasmine Turmeric Rice	* Chicken Pot Pie	* Baked Chicken Alfredo ✓ * Herb Focaccia
14	♦ Apple Frudel	15 * Sausage Patty, Egg, & French Toast	16 * ✓♦ Chocolate Chip Coffee Cake	17 ♦ Ultimate Breakfast Round	18 * ♦ Homemade Granola Bar
	Breaded Chicken Sandwich * Ranch Tater Tots NATIONAL SCHOOL LUNCH WEEK	* Chicken Tortilla Soup * Cheese Quesadilla	* Chicken & Ham Fried Rice	♦ ✓ * Macaroni & Cheese	✓♦ * Cheesy Breadstick ♦ * Marinara Dipping Sauce
21	* Sausage on a Stick	22 * ✓♦ Pumpkin Chocolate Chip Coffee Cake	23 * ✓♦ Bagel & Cream Cheese	24 ♦ French Toast Sticks	25 * Sausage, Egg, & Cheese Burrito
	♦ * Creamy Tomato Basil Soup ♦ ✓ * Toasted Cheese	♦ * Homemade Bean & Cheese Burrito	* Teriyaki Popcorn Chicken Brown Rice	✓ * Cinnamon Roll * Sausage Patty	● * Italian Meatball Slider ♦ * Caesar Salad Harry Potter Day! ✓ * Butter Chip Cookie
28	♦ Apple Frudel	29 * Sausage Patty, Egg, & French Toast	30	31	
	● * Cheesy Chili Mac	* * Pork Carnitas & Cheddar Enchilada Tortilla Chips	NO SCHOOL	NO SCHOOL	

Daily Dishes	
M	<ul style="list-style-type: none"> * Salads (Chef, Vegetable w/ ✓ * Roll) ♦ Protein Box ☉ ✓ * Deli Sandwich (Turkey, * Ham, PBJ) ✓ * * Pizza (Pepperoni, Cheese, or Vegetable) Cheeseburger w/ Tots ▼ ♦ * Egg Salad on Bed of Lettuce w/ Tortilla Chips ♦ * Black Bean Burger w/ Tots
Tu	<ul style="list-style-type: none"> ✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ♦ Protein Box ☉ ✓ * Deli Sandwich (Turkey, * Ham, PBJ) * Salads (Chef, Vegetable w/ ✓ * Roll) ▼ * Nachos (● Beef, Fajita Chicken, or Bean & Cheese)
W	<ul style="list-style-type: none"> ✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ♦ Protein Box ☉ ✓ * Deli Sandwich (Turkey, * Ham, PBJ, Egg Salad) ▼ ♦ * Hummus w/ Tortilla Chips * Salads (Chef, Vegetable w/ ✓ * Roll) Hot Dog w/ Tater Tots
Th	<ul style="list-style-type: none"> ✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ♦ Protein Box ☉ ✓ * Deli Sandwich (Turkey, * Ham, PBJ, Tuna Salad) * Salads (Chef, Vegetable w/ ✓ * Roll) ▼ * Tuna Salad w/ Tortilla Chips Chicken Strips w/ Tater Tots
F	<ul style="list-style-type: none"> ✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ♦ Protein Box ☉ ✓ * Deli Sandwich (Turkey, * Ham, PBJ) * Salads (Chef, Vegetable w/ ✓ * Roll) ▼ ♦ * Deviled Eggs w/ Tortilla Chips Corn Dog w/ Tater Tots



AVAILABLE WITH ALL ELEMENTARY SCHOOL BREAKFASTS:
Lowfat & Nonfat White Milk, Fresh & Chilled Canned Fruit, Fruit Juice

ADDITIONAL DAILY BREAKFAST ENTRÉE CHOICES:
Hot & Cold Variety Cereal, Yogurt & Granola, Whole Wheat Buttermilk Bar

AVAILABLE WITH ALL ELEMENTARY SCHOOL LUNCHES:
Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Orange Juice, Dessert when menued

KEY

- ★ New | ● Painted Hills Natural Beef | ✕ May contain pork
- ▼ Gluten Free | ☉ Peanuts | * Made fresh from scratch
- ✓ Camas Country Mills Flour | ♦ Vegetarian | ✕ Shrimp Allergy
- ♥ Oregon Caught | * Shellfish Allergy

Now Hiring



- Receive all weekends, holidays, and summers off
- Work during the school day - ideal for parents who want to be home before- and after-school
- Bring positive attitude and great work ethic: We provide job training
- Full-time and part-time positions starting at \$19.37-\$21.46
- Substitute positions starting at \$18.22
- Make a positive contribution in the lives of students

There is **no charge** for the first breakfast and lunch at all schools for all students. Additional meals and a la carte milk or juice are available if there are funds in a student's meal account. **If students would like additional meals or adults would like a meal, the cost is as follows:**

Second Breakfast

Elementary Breakfast	\$ 2.50
Secondary	\$ 2.75
Adult.....	\$ 3.50

Second Lunch

Elementary	\$ 3.50
Secondary	\$ 3.75
Adult	\$ 5.00

Extra Beverage

Milk or Juice (if purchased separately)... \$.75

ABOUT NUTRITION SERVICES

CHECK OUT OUR WEBSITE! www.bend.k12.or.us/district/parents/school-meals



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|-------|------------------------|--------------|
| Menus | Catering | Questions |
| Staff | Free & Reduced (+ app) | Contact Info |
| Jobs | Nutrient Contents | Resources |

AVAILABILITY

We make every effort to have all menued items available each day. However, due to forecasting, cost controls, and efforts to control waste, some food items may run out by the time your child makes his/her selections. Should your child not find a desired item, he/she should ask the Nutrition Services staff for an alternate choice.

NUTRISLICE



For your convenience, Bend-La Pine Schools utilizes a digital menuing system called Nutrislice. For easy electronic access, please use this link which is also featured on the Parents/School Meals part of the web page: <https://bend.nutrislice.com/menus-eula-splash>



In an effort to reduce fat, all hot dogs and most "ham" products are made from turkey meat. Pork products are marked with a **X**.

SCHOOL MEAL ACCOUNT EMAIL NOTIFICATION

When you sign up with BLPay, you can receive an email notification whenever your child(ren)'s school meal account goes below the dollar amount you choose. You don't need to deposit money to use this feature. Click on the Edit Profile button after you set up your account and log in, then choose Yes or No for Low Balance Email (default is Yes) and set the Low Balance Amount (default is \$5.00). Click on the Update Profile button, then log out.

CHARGE POLICY

It is not our intent to allow charges. However, if a child has money in his/her meal account but it is insufficient for the day's meal, then a charge will be allowed and money will be expected the next day to cover the charge. No charging of ala carte items or second meals will be allowed. Communication regarding low balances and charges will be sent directly to the parent/guardian via email, US mail and/or by phone call as required by state legislation.

RETURNED CHECK POLICY

Bend-La Pine Schools uses Envision Payment Solutions as its check service provider. They process all checks returned for insufficient or uncollected funds. Your NSF (Non-Sufficient Funds) check may be presented electronically for collection. Additionally, they will debit a \$25 returned check fee from your account. Please do not repay returned checks to Nutrition Services.



Instead, all payments will be handled by:

Envision Payment Solutions | PO Box 157 Suwanee GA 30024-0157

Phone: Toll Free 877-290-5460 | Fax: 770-709-3007 | <https://envisionpayments.com>

MEAL PRICES