

# January 2025 REALMS/BEND TECH ACADEMY SCHOOL MENU

CUISINE DAY

Monday <i>Americana</i> Fresh Farm Picks	Tuesday <i>SOUTH OF THE BORDER</i>	Wednesday <i>asian</i>	Thursday <i>Homestyle</i>	Friday <i>ITALIAN</i>
		1  NO SCHOOL	2  NO SCHOOL	3  NO SCHOOL
6 Buffalo Breaded Chicken Sandwich w/Bleu Cheese Dressing * Ranch Tater Tots	7 * Grilled Stuffed Burrito * Lime & Chili Sweet Corn	8 * Teriyaki Popcorn Chicken Brown Rice	9 * BBQ Chicken Strips ♦✓* Macaroni & Cheese	10 ✓♦* Cheesy Breadstick ♦* Marinara Dipping Sauce
13 * Creamy Tomato Basil Soup ♦✓* Toasted Cheese	14 Baja Breaded Fish Tacos * Pink Chili Sauce * Honey Slaw Tortilla Chips	15 * Chicken Tikka Masala Jasmine Turmeric Rice	16 ✓* Chicken Pot Pie	17 * Baked Chicken Pesto Alfredo ✓* Herb Focaccia
20  MLK DAY NO SCHOOL	21 * * Al Pastor Pork Tacos Tortilla Chips	22 * Chicken & Ham Fried Rice	23 Hot Dog Bar ●* Beef Chili & Queso Tater Tots ✓* Chewy Chocolate Cookies	24 * Italian Meatball Slider * Sweet Potato Wedges
27 * ●* Bacon Smash Burger Tater Tots	28 * * Pork Carnitas & Cheddar Enchilada Tortilla Chips	29 * Chicken & Yakisoba Noodles	30 ✓* Cinnamon Roll * Sausage Patty * Hash Brown	31 * * ✓ Italian Stomboli

## Daily Dishes

- M ▼♦\* Egg Salad
- Tu ▼\* Nachos w/ ✓Meat & Cheese
- W ▼♦\* Hummas Plate w/ Vegetables & Tortilla Chips
- Th ▼\* Tuna Salad
- F ▼♦\* Deviled Eggs
- KEY**
- ★ New
  - Painted Hills Natural Beef
  - ✕ May contain pork
  - ▼ Gluten Free
  - › Draper Valley Farms
  - ☼ Shellfish Allergy
  - ✓ Camas Country Mills Flour
  - ♦ Vegetarian
  - ✱ Shrimp Allergy
  - ♥ Oregon Caught
  - ✱ Made fresh from scratch
  - ☼ Peanuts

### SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued